



Cupernham
Junior School

The Cupernham Chronicle

Issue 1
18th September 2026

Headlines

Dear Parents and Carers,

I can scarcely believe that we are already a few weeks into a new academic year. The Autumn Term has certainly begun at pace and, whilst it has been wonderful to welcome everyone back, it has also felt a little like jumping aboard an already fast-moving train! The days seem to be passing remarkably quickly and school has very quickly settled into its familiar rhythm.

Over the first few weeks, it has been a pleasure to visit classrooms, spend time with year groups and see children so positively engaged in their learning. There has been a real sense of purpose around the school, with children embracing new routines, rising to expectations and approaching the year ahead with curiosity and commitment. It has been particularly lovely to see new friendships beginning to form alongside existing ones being renewed after the summer break.

One thing that has stood out especially has been the strong attendance of so many of our children. Thank you for the support you continue to provide in ensuring children arrive at school each day ready to learn. The beginning of the year is such an important time, helping children establish routines, understand expectations and, perhaps most importantly of all, build those vital relationships with their teachers and their classmates. We would encourage all families to continue prioritising attendance wherever possible so that children can make the most of everything school has to offer.

As always, there is much to look forward to over the weeks ahead and we are excited for another year of learning, growth and opportunity at Cupernham.

With warmest wishes,

Mr Frost

DATES FOR YOUR DIARY

2026/27 INSET DAYS

THURSDAY 22nd OCTOBER

FRIDAY 23rd OCTOBER

MONDAY 4th JANUARY

SEPTEMBER

Monday 21st - No after-school club

Thursday 24th - Flu immunisations - more details to follow

Monday 28th - No after-school club

OCTOBER

Friday 9th - Hello Yellow Mental Health Day

Tuesday 13th - Parents evening - more details to follow

Thursday 15th - Parents evening - more details to follow

Friday 16th - Y4 Gallery to parents - more details to follow

START

CUPERNHAM

CIRCUIT

HOT LAP

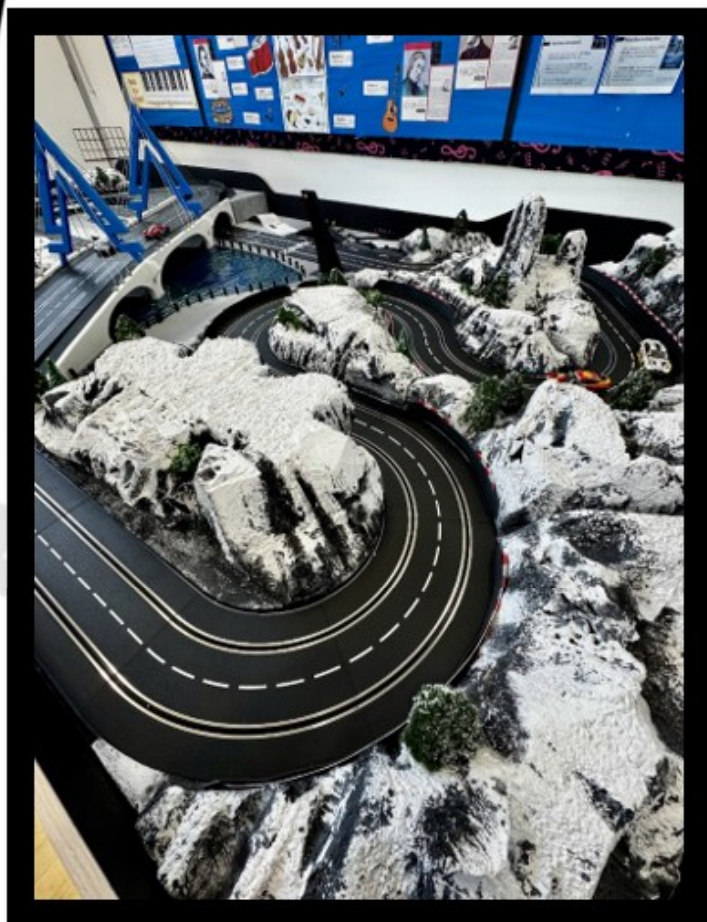


Towards the end of
last academic year, we
were fortunate enough to arrange for
an entire race-track to be donated to us.
We are delighted to introduce the...

Supernham Circuit



The track is currently open to one child per class, who is chosen each week, for demonstrating **strong learning behaviours in lessons** to try out the track before attempting to get the fastest time over three laps on our 'Top Gear' inspired leader board!





Already this week, we've had 12 budding drivers test their metal on the track.

We can't wait to see who's leading the pack as the weeks (and laps) zoom on!



Year 3 Spotlight

WOW, what a fantastic start to Year 3! We are incredibly proud of how well the children have settled into life at Cupernham Junior School. They have embraced new routines and shown enthusiasm for learning. We have certainly hit the ground running with lots of exciting learning opportunities and we know this is going to be a brilliant year ahead!

Hedgehog Adventures in Reading

The children have been thoroughly enjoying our class text, *'The Hodgehog'* by Dick King-Smith. Through our reading lessons, we have been making predictions, developing our inference skills and learning lots of new vocabulary. We have also been practising our retrieval skills and put these into action during an exciting scavenger hunt in the forest! The children searched for the answers that corresponded with their question sheet.



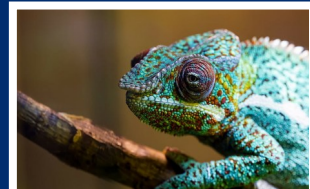
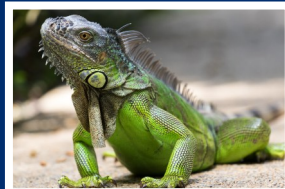
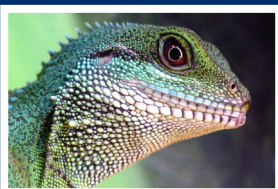
Barmy About Bones!

The children have been fully engaged in our science learning as we began exploring the human skeleton. We identified some of the different bones in our bodies and discussed what might happen if we didn't have a skeleton at all! The children thought carefully about the important jobs our skeletons do. Working in partners, we used masking tape to map out where our bones are located. By the end of the lesson, our classroom was full of life-sized skeletons and the children loved seeing their scientific learning come to life!



Geckos Go Gardening

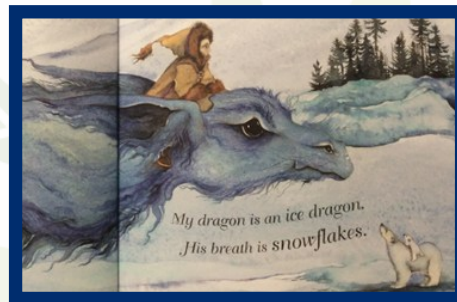
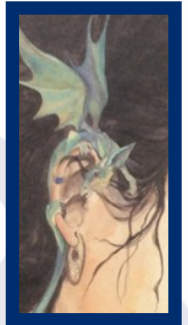
Geckos were the first class to enjoy a wonderful gardening lesson with Mrs Emery. The children explored the allotment and pond areas, using their excellent observation skills to spot interesting plants, insects and wildlife. They learned how the compost heap helps create nutrient-rich soil and even dug their own holes ready for future planting. The children carefully collected seeds from dried plants so they can be replanted and enjoyed again!



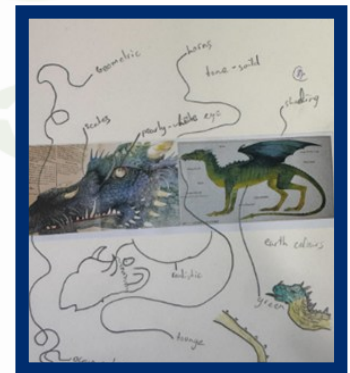
Year 4 Spotlight



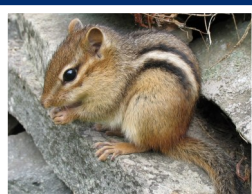
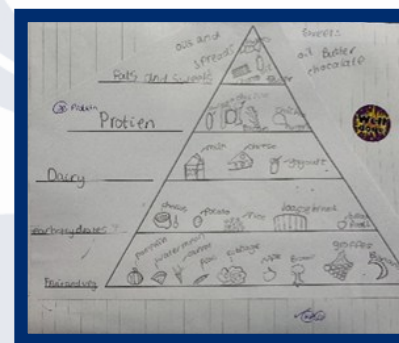
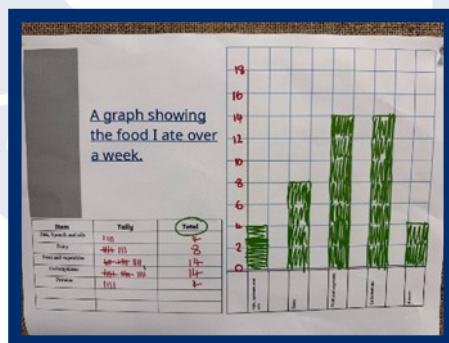
Year 4 have had a fantastic start to the year! We have all settled into our new classes and are throwing ourselves into our learning. Our poetry writing based on the book 'Tell me a Dragon' is well underway and we have been imagining our own dragons. We can't wait to share our poems with you!



In Art, we have been looking at two artists who sketch dragons in different ways. We looked at the techniques each artist used and chose different sections of the dragon to try sketching ourselves. We are looking forward to applying everything we have learnt to create our own detailed dragon's eye using clay.



In Science, we have been learning about a balanced diet. We used food diaries, which we had filled out at home, to analyse our food intake over a week. We then learnt about how much of each food we need to help us grow and stay healthy, as well as how each food type supports our bodies.



Year 5 Spotlight

A Fantastic Start to Year 5

We are incredibly proud of how the children have stepped up as they make the exciting transition into Upper School. Already, Year 5 pupils are demonstrating our school values exceptionally well through their learning, their attitude to challenges, and the respectful way they engage with both staff and their peers. It has been wonderful to see them settling so positively into their new routines, embracing new responsibilities and approaching their learning with confidence and enthusiasm. Keep up the fantastic work, Year 5!

English

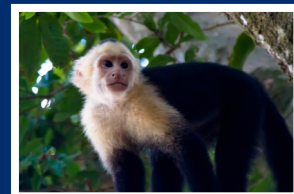
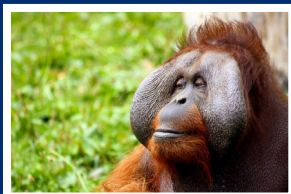


In English, the children are currently immersed in a writing unit based on Ernest Shackleton's famous expedition to Antarctica. To launch their learning, they were challenged to retrieve a frozen newspaper article from a block of ice before investigating the different crew members aboard Shackleton's ship. Since then, they have been developing their vocabulary and exploring a range of writing techniques to help bring their ideas to life. The unit will culminate in a final piece of writing: a letter home from Shackleton himself. We are looking forward to reading the completed letters and seeing how the children use everything they have learnt.



Art

In Art, the children are undertaking a learning journey inspired by the artist Zaria Forman, who creates large-scale, realistic pastel artwork depicting environments that could be affected by climate change. Through her work, she aims to inspire people to protect some of the world's most vulnerable landscapes. The children have done a fantastic job exploring her artwork, discussing the techniques she uses and experimenting with elements of her style in their sketchbooks. They have particularly enjoyed practising mark making, pattern creation and blending techniques, and we cannot wait to see them apply these skills in their final pieces.

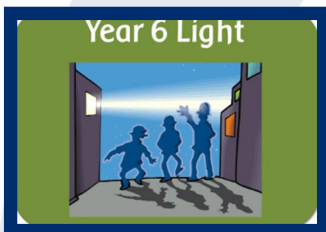


Year 6 Spotlight

A Fantastic Start to Year 6

What a fantastic start to Year 6! We are incredibly proud of all the children and the way they have settled back into school life following the summer holidays. Being at the top of the school brings new responsibilities and expectations, and the children have risen to these brilliantly. They have shown maturity, enthusiasm and a real determination to make the most of every opportunity.

We have been particularly impressed by how hard the children are working across the curriculum. They are becoming increasingly independent learners and are showing real pride in the quality of their work. There is a wonderful sense of excitement around Year 6 as the children embrace the many new opportunities that come with being the oldest children in the school.



In Science, we have been investigating Light, exploring how light travels, how shadows are formed and how light can be reflected and refracted. The children have enjoyed carrying out practical investigations and developing their scientific thinking by making predictions, observing carefully and explaining their findings using increasingly precise scientific vocabulary.

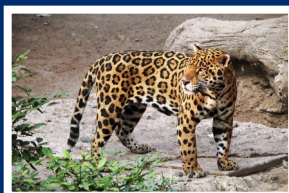
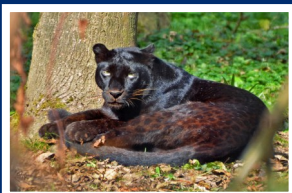
Our English learning this half term is supported by the wonderful novel '*Holes*' by Louis Sachar, which the children are thoroughly enjoying. We have been using the story to inspire some fantastic descriptive writing and the children are currently working hard on a setting description of Camp Green Lake. They are developing their Year 6 writing skills by using a range of ambitious language features - with particular focus these past couple of weeks on including expanded noun phrases and precise vocabulary. We will move on to figurative language, fronted adverbials, subordinate clauses, relative clauses, varied sentence structures and carefully selected punctuation in the future. The results so far have been incredibly impressive, with the children creating vivid descriptions that really bring the setting to life.



Alongside this, we are continuing to focus on the importance of handwriting and spelling. The children are working hard to develop a fluent, joined handwriting style and are taking increasing care over the presentation of their work. We are also building confidence with spelling patterns, rules and challenging vocabulary, encouraging the children to apply what they have learnt across all areas of their writing.

It has been a wonderful few weeks and we could not be prouder of the children. They have made a fantastic start to their final year at our school and we are looking forward to seeing them continue to grow, achieve and take on the many exciting opportunities that Year 6 has to offer.

Thank you for all you do at home in support.



CUPERNHAM GROUNDS

Welcome to Cupernham School gardens. I'm Lynda Emery and I teach gardening to Year 3 classes and do my best to keep our grounds and gardens in a colourful and tidy state. This summer has been extremely challenging and the plants, as well as myself, have all felt exhausted in the extreme heat! Watering has, of course, been a major problem and some plants have been lost. However, others have thrived and the allotment has a bumper crop of tomatoes and the curly kale and leeks are doing well.

I am looking forward to meeting Year 3 for their first session in the garden. We shall be looking at the allotment and pond area with them, doing some tidying, talking about compost and digging holes in the garden to put in the compost that is well rotted. We shall discuss what compost is and how it is made. If there's time, we'll also collect seeds from flowers that have gone over and talk about life cycles - a lot to fit into an hour, but we'll do our best! Please remember to bring wellies or sturdy shoes on gardening days, as the children will get muddy sometimes!

For those who are now further up the school, there is an opportunity for them to come and see the allotment, and chat or do some jobs, whenever I am there at lunchtime or at break, which is quite frequently. There is always something that needs work. Occasionally a garden session will be planned for other year groups where it fits with their learning for the term.

Please say "hello" if you see me around school and come and see our "work in progress."
All the best, Lynda Emery





DO YOU WORK IN THE LOCAL COMMUNITY?

WE WOULD BE DELIGHTED TO INVITE YOU INTO SCHOOL ON WEDNESDAY 21ST OCTOBER
TO SHARE A LITTLE ABOUT WHAT YOU DO AND THE DIFFERENCE YOUR WORK MAKES.

IF YOU WOULD BE INTERESTED IN SUPPORTING #THISISMYPLACE, PLEASE CONTACT THE
SCHOOL OFFICE.



Masking Awareness

FREE



FREE

Free online talk for parents
24 September 7pm - 8pm

Book online
facefamilyadvice.co.uk
Parent - Live Talks page



October Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Raising Self-Esteem	5 Oct 10am
Supporting Healthy Sleep	5 Oct 7pm
Decreasing Depression	6 Oct 10am
Introduction to OCD	6 Oct 7pm
Improving Family Communication	12 Oct 10am
What is ACT?	12 Oct 7pm
Understanding Addictive Behaviour	13 Oct 10am
Supporting a Child with ADHD	13 Oct 7pm
Understanding Anger	19 Oct 10am
Understanding the Teenage Brain	19 Oct 7pm
Supporting Healthy Screen Use	20 Oct 10am
Autism: Improving Communication	20 Oct 7pm
FREE - ADHD and Homework	22 Oct 7-8pm
Facing Defiance	26 Oct 10am
Cannabis & Ketamine Awareness	26 Oct 7pm
School Anxiety	27 Oct 10am
Anxiety Explained	27 Oct 7pm

READ to the BEAT

School Achievement Certificate



Well done for taking part in Read to the Beat!

School name: **Cupernham Junior School**

Congratulations on **65** pupils
successfully taking part in the Summer Reading Challenge!



CELEBRATE WITH US!

THURSDAY 8 OCTOBER 2026

Harry Potter
BOOK DAY

Spells and Potions

*Join us for a magical time
at our special event*

Date: **Thursday 8th October 2026**

Time: **4 - 6:30pm**

At: **Romsey Library**

Wizards, witches and Muggles of all ages are welcome!



harrypotterbookday.com

#HarryPotterBookDay



CUPERNHAM
JUNIOR SCHOOL

AFTER SCHOOL CLUBS!



FUN. ACTIVE. CREATIVE. FOR EVERYONE.



We're excited to offer a range of engaging
after school clubs for all Juniors!
Build skills, make friends and have fun!



MONDAY

FOOTBALL

Develop your skills,
work as a team and
enjoy the beautiful
game!

CLUB 1- YEAR 3 AND 4
CLUB 2- YEAR 5 AND 6

15:20 - 16:30



TUESDAY

PERFORMING ARTS/GIRLS FOOTBALL

Sing, act, dance and shine
or develop your skills to
become the next Lioness!

Year 3-6

15:20 - 16:30



WEDNESDAY

DODGEBALL

Fast-paced fun,
teamwork and friendly
competition!

CLUB 1- YEAR 3 AND 4
CLUB 2- YEAR 5 AND 6

15:20 - 16:30



CLUBS FOR JUST £6 PER SESSION!



REGISTRATION SITE

[https://360degreesportscoachin
g.ipalbookings](https://360degreesportscoachin
g.ipalbookings)



FOR MORE INFORMATION

02382 001430

INFO@360COLLECTIVE-ED.COM

DANCE JUNKIE STREET DANCE



CUPENHAM JR: YEARS 3 - 6

THURSDAYS: 10TH SEPTEMBER - 17TH DECEMBER
3:30PM - 4:15PM | £84

**TO REGISTER OR FOR MORE INFORMATION
PLEASE TEXT DANCE JUNKIE ON 07766 503 503**

**DANCE JUNKIE TEACHER & FOUNDER ANNALEIGH MCKINLAY HAS MANY YEARS
EXPERIENCE BACKING DANCING FOR THE LIKES OF: KANYE WEST, ROBBIE
WILLIAMS, WESTLIFE + MANY MORE. DANCE JUNKIE IS CURRENTLY 2 TIME NATIONAL
CHAMPION, SO IF YOUR CHILD LOVES DANCE - THEY WILL LOVE DANCE JUNKIE
BUILDING CONFIDENCE IN YOUNG PEOPLE THROUGH DANCE**

LOVE DANCE. LOVE DANCE JUNKIE

NON CONTACT KARATE TAUGHT BY FULLY QUALIFIED INSTRUCTORS



**EVERYONE WELCOME
FROM 4 YEARS OLD**



**WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY IN
A FUN & CONTROLLED ENVIRONMENT. ALL
CLASSES ARE FRIENDLY, INFORMATIVE &
CATER TO THE INDIVIDUAL NEEDS OF THE
STUDENT.**



CUPERNHAM JUNIORS SCHOOL

FRIDAYS 07.45AM – 08.45AM

£6.50 PER CLASS – PAY AS YOU GO

MEMBERSHIP REQUIRED AFTER FIRST CLASS £27.50 PER YEAR

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: WWW.SOUTHERNKARATE.ORG

FOR MORE INFORMATION AND TO BOOK YOUR PLACE

EMAIL: info@southernkarate.org

Tel: 07764 478507



**Child Protection
in Sport Unit**



Let's Celebrate!

Let's celebrate the children of Cupernham Junior School who have shown exceptional commitment to our school values,

SILVER CERTIFICATE WINNERS



JOY - Blossom S, Ivy GJ, Darcey H, Teddy M



KINDNESS - Raegan M, Emma D, Nil B, Joel C, Sophie C-E, Louise E



ASPIRATION - Harry I-E, Louie J, Bas A, Darcie R



RESPONSIBILITY - Brody M, Evie B, Penelope D, Alice F, Howie M, Yhsobella R, Poppy M, Zach B, Megan W, Harrison L, William C



CURIOSITY - Erin R, Edie T, Rishi KK, Max VDB



COLLABORATION - Annabelle C, Scarlett J, Amara P



CREATIVITY - Jacob K, Caine O'S



COURAGE - Max B, Layan ET, Martha C, Jackson M, Emme BC



COMMITMENT - Spencer K, Lola A, Georgia S, Isla M, Rosie W, Billy B, Raph SM, James C, Eva F

And Finally....

HOUSEPOINTS

This Fortnight

BIRCH - 2623

OAK - 2715

WALNUT - 2850

PINE - 2149

This Term

BIRCH - 2326

OAK - 2715

WALNUT - 2850

PINE - 2149



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SO51 7JT

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Telephone: 01794 512702
Website: www.cupernhamjunior.com
Instagram: www.instagram.com/cupernhamjunior

School Hours: 8.50am - 3.20pm